



Lunch M-F 11:45 1:00 P.M..

# SENIOR CENTER OF BOULDER CITY

## October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p>Kielbasa Sausage w/ Sauerkraut Baked Beans Salad Fruit</p>	<p><b>3</b></p> <p>Vegetable Beef Soup Egg Salad Sandwich Tomato Vinaigrette Fruit Cup</p>	<p><b>4</b></p> <p>Barbeque Chicken Acorn Squash Cucumber Salad Biscuit Ambrosia</p>	<p><b>5</b></p> <p>Pork Roast Roasted Potatoes Carrot/Zucchini Medley Fruit Roll</p>	<p><b>6</b></p> <p>Broccoli &amp; Cheddar Soup Hot Ham-n-Cheese Sandwich Fruit</p>
<p><b>9</b></p> <p>Biscuits &amp; Gravy Sausage Patty Cottage Cheese on a Bed of Lettuce Fruit</p>	<p><b>10</b></p> <p>Spaghetti Acorn Squash Salad Bread Stick Yogurt</p>	<p><b>11</b></p> <p>Open-Faced Hot Roast Beef Sandwich Mashed Potatoes Brussels Sprouts Fruit</p>	<p><b>12</b></p> <p>Baked Fish Wild Rice Spinach Soufflé Salad Fruit</p>	<p><b>13</b></p> <p>Oven Fried Chicken Baked Potato Peas &amp; Carrots Salad Whole Wheat Roll Jello</p>
<p><b>16</b></p> <p>Ham Macaroni &amp; Cheese Green Salad Fruit</p>	<p><b>17</b></p> <p>Meatloaf Mashed Potatoes &amp; Gravy Creamed Spinach Salad Fruit</p>	<p><b>18</b></p> <p>Chicken Cordon Bleu Rice Pilaf Peas Salad</p>	<p><b>19</b></p> <p>Beef Ravioli Broccoli Bread Steak Caesar Salad Fruit</p>	<p><b>20</b></p> <p>Pork Ribs Scalloped Potatoes Mustard Greens Apple Sauce Wheat Roll</p>
<p><b>23</b></p> <p>French Dip Sandwich Deluxe Salad Bar Fruit</p>	<p><b>24</b></p> <p>Baked Fish Pasta Alfredo Peas Salad Fruit</p>	<p><b>25</b></p> <p>Pork Chops Mashed Sweet Potatoes Green Beans Orange Salad      Pudding</p>	<p><b>26</b></p> <p>Shepherd's Pie Spinach Salad Bran Muffin Banana</p>	<p><b>27</b></p> <p><b>Birthday Lunch,</b></p> <p>Baked Chicken Potatoes AuGratin Green Salad Fruit Dessert</p> 
<p><b>30</b></p> <p>Chicken Fried Steak Mashed Potatoes/Gravy Green Beans Pudding</p>	<p><b>31</b></p> <p>Combination Pizza Salad Bar Fruit</p> 	<p><b>Milk is available daily</b></p> <p>Condiments Ketchup, Mustard <b>Mayo &amp; Relish</b></p>	<p><b>Menu Items subject to change.</b></p> <p>60 years &amp; over \$2.00 donation</p> <p><b>Under 60 \$5 fee</b></p>	